



welcome to Kids First Pediatrics on 30!

Tae'ni Chang- Stroman, MD
Parul Pathak, MD
Kenan Qin, MD
Erica Yamout, DO
Nicole Sutowski, MSN,
APN, FNP-C



THANKS FOR JOINING OUR KIDS FIRST FAMILY!

We are honored that you've chosen us to care for your family. At Kids First, our mission is to provide exceptional, evidence based pediatric care with compassion, efficiency, and enthusiasm.

From your child's first visit, we are committed to making the experience as comfortable and positive as possible while delivering the highest standard of medical care.

BEFORE YOUR VISIT

Prior to your visit, you will receive a link to complete the registration process for your appointment.

You will be able to upload immunization records, ID, Insurance Card(s) & complete other necessary patient forms from anywhere it's convenient for you through the Family Portal! If you are unable to upload any of this info, please bring them with you to your appointment.

These forms must be completed prior to arrival or your visit will be delayed &/or rescheduled due to time.

VACCINE POLICY

Immunizations are a critical part of maintaining your child's health, and helps to protect other children from disease as well. It is therefore the policy of Kids First Pediatrics on 30 that **ALL children** must be fully immunized on schedule. Parents wishing to delay or forego immunizing their children, are asked to seek care elsewhere.

To read our entire policy, please visit the link below.

<https://www.kidsfirstnwi.com/About-Us/Are-We-A-Good-Fit-For-You/Vaccine-Policy>

FAMILY PORTAL

Our secure Family Portal makes it easier than ever to stay connected to your child's care. With just a click, you can:

- View visit summaries
- Access immunization records
- Schedule appointments
- Send secure messages to our staff

URGENT QUESTIONS AFTER HOURS?

Reach your doctor after hours by calling the office at 219-322-8534. If you reach another doc, that is because they are covering for your doctor. If this is an emergency and/or you can't reach us, call 911 or go to the emergency room!



meet the docs of Kids First Pediatrics on 30!

DR. STROMAN

I've been a practicing pediatrician in NW Indiana since 1994. My style encompasses both a conservative and practical approach towards child care. From my training at the University of Michigan & the University of Chicago, I have learned to: not prescribe medications unnecessarily, & to minimize hospital stays with up-to-date pediatric care & vaccinations. Being a father, I have also learned to be practical in regards to raising children (potty training, discipline, eating issues, even those teens!, etc). I enjoy working with parents & assisting them to raise their children, & sincerely LOVE working with kids. I combine the two approaches above with a personal touch, & strive to be the best pediatrician for your child(ren).



DR. PATHAK

I have been practicing in the NW Indiana area since 2003. My practice style is one that is conservative, up to date, practical, and empathetic. I love working with kids. It's who I am to the core. In addition to taking care of kids, I truly believe in addressing the entire family's needs. I've learned to minimize the use of antibiotics to those cases that absolutely require them, minimize the use of labs and x-rays unless it will change my plan of care, and to only hospitalize when truly necessary. As a mother of two, I've learned that kids don't necessarily follow the books, and that you need to look at each child as an individual. I can say I've personally dealt with issues such as breastfeeding, temper tantrums, sleep routines, toilet training & those angry teenage years. I always stress open communication between children & their parents. More importantly, I respect their privacy so they feel they can be open with me. I assure you I will do everything to make your family happy & comfortable in my care. I promise that I will take care of your children as I would want my own to be cared.



DR. QIN

Dear Parents, I was trained as a pediatrician and a pediatric endocrinologist in China, and have done extensive basic and clinical research in pediatric endocrinology since I moved into United States in 1989. I joined this wonderful group of pediatricians to provide first-rate medical service to the community. For years I have served as a pediatric endocrine fellow, an Attending Physician, and then a general pediatric resident again at The University of Chicago Comer Children's Hospital and La Rabida Children's Hospital. I have had exposure to a wide variety of chronic and acute disease states and disorders, including endocrine, diabetes, neurology, pulmonary, gastroenterology, and hematology/oncology patients. I bring to the community a proven commitment to first-rate health care, excellent treatment and training skills, and the desire to continually improve both the quality of the lives of my patients and my own skill as a physician.



DR. YAMOUT

I have been practicing pediatrics for 13 years & absolutely adore kids. I'm passionate about both you and them feeling comfortable & educated about whatever the situation is. As a mom of 2, I realize every child is unique in their needs. Having children myself, gave me a great perspective of real world care and advice beyond the educational aspect. I want to provide the absolute best and safest care possible to all my patients. I work with all concerns and promise to work on finding the best solution!



NICOLE SUTOWSKI, MSN, APN, FNP-C

I have worked in pediatrics since 2017 and have always been passionate about family-centered care. I have worked in all realms of peds, ranging from critical to primary care. I am a mother myself, & always try to treat each patient how I would want my child to be cared for. I have personal & professional experience with breastfeeding & everything related to infants, as well as a background in pulmonology. Communication is a staple in my practice & I feel that it is very important to get to know each family individually & provide care holistically. I utilize a conservative method of treatment & only prescribe, treat, & order diagnostics if absolutely necessary. I look forward to meeting and getting to know you & your family!

